MEHAR BABA CHARITABLE TRUST

mbct

TRANSFORMING LIVES

ANNUAL REPORT 2024-25

EMPOWERED WOMEN OF RURAL PUNJAB

mbct
TRANSFORMING LIVES

MBCT's Service Footprint

187 Villages (in Punjab)
of the district Fatehgarh Sahib

Population as per Census 2011
Total Population of 187 Villages: 2,69,994
Total Households: 52,075
Total Men: 1,52,934
Total Women: 1,27,030

mbct

MEHAR BABA CHARITABLE TRUST

TRANSFORMING LIVES

Hassan Singh Mejie
Managing Trustee

Ajit Singh Chatha, IAS (Retd.)
President Governing Board,
Retired Chief Secretary, Punjab

Surinder Paul Kaur, IRS (Retd.)
Former Chief Commissioner of Income Tax NWR,
Vice Chairman Income Tax Settlement Commission
and Ombudsman Electricity, Punjab

Jatinder Cheema
Barrister & Solicitor and State President,
NCR of Sri Sathya Sai Organisation

Alfred Singh Mejie
Businessman, Dubai

Dr Puran Singh Jassi (Retd.)
Director, Family Welfare, Punjab
Currently Regional Health Consultant, IGNOU

Maj Gen Surat Singh Sandhu
Development Professional

Dr Kavita Marriya (Retd)
Principal Home Science College, Chandigarh
Professor Clothing and Textiles IIS University, Jaipur
Member Inner Wheel Club, Chandigarh

Thakur Singh Mejie
BE Electrical & Electronics
Aston University, UK
Businessman

INTERNATIONAL ADVISORY COMMITTEE

Dr Brian Richard Joseph, PhD
Commissioner, The Law Reform Commission
of Nova Scotia, Canada (Harvard)

Dr T P Singh
University of Utah, USA

ADVISORS

Sarupinder Kaur Mejie
Advisor, MBCT

Dr. Amandeep Kahlon
Advisor, MBCT

Dr Sukhdev Singh Sidhu (Retd.)
Director, Medical Education, Punjab

Dr Surjit Verma
Public Computerized Laboratory, Rajpura

Amareshwar Singh Guraya
Logistics

Balraj Singh Mejie
Businessman

Charanjit Singh
Adj. Prof. Shoolini University

EXECUTIVES

Robin Gupta
General Manager

Hema Panesar
Finance cum Program Manager

Cover Photo Meta AI

VISION

MISSION

VALUES

Vision

Empowered and self sustaining Rural Community

Mission

To develop women and youth by imparting skills through vocational & computer training, health care, social awareness and sports activities.

Values

Passion for 'Sewa' (Selfless Service)
Ethical, Transparent & Accountable Functioning.

KEY **INITIATIVES**

Women Empowerment

8,602
WOMEN TRAINED

Youth skills Development

SKILL INDIA

10,553
YOUTH SKILLED

Village Health Management

52,905
BENEFICIARIES FROM HEALTH CARE

BPCCDP

BPCCDP

9
MODEL VILLAGES DEVELOPMENT

Hockey Nursery

100+
Players Under-14 BEING TRAINED

MESSAGES FROM THE

BOARD OF TRUSTEES

"Sewa is our Basic Creed."

Mr. A.S. Chatha (ex IAS)

Since 2005, the Mehar Baba Charitable Trust has systematically implemented rural development programmes focused on women's advancement and youth capacity-building. Through structured vocational training, skill enhancement initiatives, and mentoring frameworks, the Trust has facilitated economic self-reliance, social empowerment, and community leadership. These interventions have strengthened household incomes, promoted gender equity, and equipped youth with market-relevant competencies. Consequently, the Trust has contributed to sustainable community development, resilience against socio-economic vulnerabilities, and the creation of future-ready human capital aligned with national development priorities.

Mr. Hassan S. Mejie

At MBCT, we remain steadfast in our commitment to rural transformation through purposeful service and sustained engagement. Our work addresses critical needs in education, healthcare, and sustainable livelihoods, ensuring families live with dignity and self-reliance. I am pleased to announce a new collaborative initiative with the Rotary Club of Chandigarh, Bosch, the Canadian Embassy, and the German Embassy to equip rural women of Punjab with future-ready skills. This partnership will deliver advanced vocational training in technology, entrepreneurship, and green trades, fostering economic independence and leadership. Together, we advance our vision: empowered villages where opportunity, compassion, and commitment create lasting change across rural India.

Dr. Kavita Marriya

MBCT is committed to empowering women as catalysts of societal transformation. In villages with limited access, we provide vocational training that creates pathways to economic independence, dignity, and leadership. Women gain not only skills, but confidence, agency, and respect. An empowered woman uplifts her family, educates her children, and strengthens her community. Each livelihood we enable fosters equality and resilience. By investing in women with vision and compassion, we are building inclusive, self-reliant societies where progress begins at home and extends to transform rural India.

Mr. Thakur S. Mejie

Our mission at MBCT is to build futures through sport and skill. We identify rural children with potential and nurture them in our hockey academy with disciplined training, expert coaching, and strong mentorship. By catching them young, we instill teamwork, resilience, and the ambition to represent India at national and international levels.

Beyond the field, we ensure every player has a pathway to a sustainable career in sport through education, fitness, and professional exposure. For us, hockey is more than a game; it is a vehicle for dignity, opportunity, and excellence. Together, we are shaping champions who win for India and succeed in life.

mbct

TRANSFORMING LIVES

The Trust the Villagers Trust

For nearly two decades, Mehar Baba Charitable Trust (MBCT) has stood as a beacon of hope and transformation in rural Punjab.

With a vision rooted in dignity, compassion, and empowerment, MBCT has touched thousands of lives — nurturing children, uplifting women, guiding youth, and strengthening communities.

At the heart of this mission is the MBCT Community Development Center, a vibrant 20,000 sq. ft. hub of opportunity. Here, classrooms and training halls come alive with computer literacy, language learning, vocational skills, women's self-help groups, and community gatherings.

Beyond its walls, MBCT's outreach spans 187 villages across Fatehgarh Sahib District, bringing healthcare, education, and livelihood programs to over 52,000 villagers, empowering 8,600+ women through crafts and entrepreneurship, and preparing 10,500+ youth with skills in computers, accountancy, hospitality, and personality development.

From organizing job fests to launching the MBCT Alumni Association, the Trust continues to expand opportunities, ensuring that every child, woman, and youth can dream bigger, live stronger, and rise higher.

HOPE
CARE
LOVE
DIGNITY

MBCT is not merely an NGO — it is a movement of transformation, proving that when communities are empowered, futures get redefined.

PRESERVING THE PHULKARI OF PUNJAB

Hon'ble President of India Commends Phulkari-Makers of Punjab

MBCT is enhancing the earning capacity of rural women in preserving the rich craft of Phulkari through self-help groups that are enhancing the earning capacity of village women.

Smt. Droupadi Murmu, the honourable President of India, along with S. Bhagwant Singh Mann, the Chief Minister of Punjab interacts with the rural artisans of Phulkari Makers.

The Phulkari Makers of Bassi Pathana is a financially independent self help group which evolved organically out of the vocational training initiatives at Mehar Baba Charitable Trust in the year 2008.

The Phulkari artisans draw on the empowering narrative of Phulkari as a symbol and celebration of life to encourage the women of rural Punjab to acquire new skills through reviving old talents.

The group is working with 130-150 women artisans and offers contemporary ethnic designs in *phulkari on* bags, stoles, dupattas, apparels, home decor, giftings, stationery, lifestyle accessories, etc.

At a civic reception hosted by the Government of Punjab in honor of Smt. Droupadi Murmu, the Hon'ble President of India held at the Indian School of Business, Mohali, S. Kultar Singh Sandhwan, the Speaker of Panjab Legislative Assembly presented a Sixty Eight colour-phulkari embroidered stole to the President.

This 68 colours Stole was made by the rural artisans of a Self-Help Group, the Phulkari Makers of Bassi Pathana, promoted by Mehar Baba Charitable Trust.

S. Kultar Singh Sandhwan, the Speaker, Panjab Legislative Assembly presented a Sixty Eight colour phulkari embroidered stole to Smt. Droupadi Murmu, the Hon'ble President of India.

WOMEN EMPOWERMENT

INSTILLING CONFIDENCE FOR SELF-RELIANCE

In the year 2024-2025, 192 women/ girls were trained at vocational training centre.

MBCT is committed to uplifting every woman to discover her fullest potential. A comprehensive approach covering personal growth and life skills, vocational training, financial literacy, opens up newer vistas for women to be self-reliant, boosting their confidence and improving their quality of life.

MBCT's women empowerment programme enables free skills training including product material. The learners graduate with a portfolio of their work.

Soft skills training is imparted that includes personality development, interpersonal communication, business & marketing as well as customer service enabling women to explore a range of employment opportunities.

Health literacy helps women emerge more confident and capable of starting own ventures.

Qualitative support is provided through linkages with industry, alumni meets, private enterprise exposure & hand holding for their own businesses.

MBCT has helped more than 75% women to become self-reliant.

8,602
Women trained in various skills training programs

75%
Women earning their livelihoods

18
Boutiques

20
Beauty Salons in Bassi Pathana run by MBCT Alumni

40
Self Help Groups formed

*The Skin & Makeup Mastery Workshop was conducted by beauty expert **Yoshiki** of ORANGE TULIP ARTISTRY, a recognised brand of British Columbia, Canada.*
A total of 50 students from the MBCT Beauty, Skin, and Hair Care School actively participated, while engaging in learning the fundamentals of makeup artistry.

Skilling for a Better Tomorrow

Har Haath Hunar, Har Ghar Khushi

24 students of Panjab University, Department of Human Rights Chandigarh along with three faculty members Dr. Kanika Sharma, Dr. Manjula Sharma and Ms. Sabhyata visited MBCT's Vocational Training Centre.

Since its inception, MBCT had an avowed objective to empower women, who had remained tied to their hearths. Young girls dropped out of school for various reasons, the primary one being the patriarchal mind set of the people to keep them engaged only in domestic chores. Education was their last priority and making them work was a taboo. This barrier is broken as the faith of the people grew over years of service by MBCT.

MBCT has shown them the way and brought girls to its well-equipped Centre in Bassi Pathana, to teach them newer skills and make them self- reliant.

Total 192 Women Trained in the year 2024-25

27	Cutting & Tailoring
62	Embroidery: Hand & Phulkari work
52	Beauty of Skin Care & Hair Dressing
44	Textile: Weaving/ Painting & Crafts
07	Machine Embroidery

The Awards Ceremony

50 Students were awarded diploma certificates on successful completing of the MBCT SOSVAN Training in courses like Cutting & Tailoring and Skin & Hair Care.

phulkari makers
BASSI PATHANA

Artisans of Phulkari Makers, Bassi Pathana, celebrated International Women's Day that highlighted the strength, creativity, and contributions of women within the community and beyond.

INSPIRING STORIES

They Make Us Proud!

Rupinder Kaur, Sirhind

I am Rupinder Kaur, from Sirhind, Fatehgarh Sahib. When MBCT mobilization team visited my village, they introduced us to the courses offered by Mehar Baba Charitable Trust (MBCT) in Bassi Pathana. At that time, I was running a boutique, but I saw an opportunity to enhance my business by learning Machine embroidery. I enrolled in the six-month Machine embroidery course at MBCT and received excellent training. This new skill has allowed me to create beautifully embroidered suits, adding a unique touch to my boutique offerings.

As a result, this has made my boutique stand out, attracting more customers and increasing my income. I now earn between Rs 7,000 and Rs 8,000 per month, which is more than I used to make before taking the course. Thanks to MBCT, I have been able to grow my business and provide better support for my family.

Jaspreet Kaur, Bassi Pathana

I am Jaspreet Kaur, from Bassi Pathana. I have always been interested in beauty parlour work, but I was focused on my studies and completed my graduation in B.Com. Though I tried some beautician work, my skills were not as good as they needed to be. My family and relatives saw my interest and encouraged me to take a beauty parlour course to improve.

When I visited the Trust for admission, the seats were full, so I registered for the next batch. After admission, I learned essential salon services like client handling, waxing, hair cutting and styling, manicure, pedicure, and facials. During the course, I began offering freelance beauty parlour services at home. This not only built my confidence but also improved my skills.

Gradually, I opened my own salon at home and now I earn Rs. 5,000-6,000 per month. I am thankful to MBCT for helping me become self-independent and enabling me to stand on my own feet.

JOINT INITIATIVE WITH GERMAN EMBASSY

ENHANCING LIVELIHOOD OF RURAL WOMEN

Enhancing the livelihoods of Rural Women through development of Phulkari Craft, Communication & Social Media Skills

German Embassy

Together we can celebrate an important milestone in the project "Enhancing the livelihoods of Rural Women through development of Phulkari Craft, Communication & Social Media Skills": The completion of the training measures.

The outstanding work of the Mehar Baba Charitable Trust was already evident during the presentation of the project thanks to the convincing project proposal. It was therefore easy for the selection committee for funding the project through a micro-project of the German Embassy New Delhi.

It is a project that trains over 800 women in Fatehgarh Sahib district and enables them to improve the living conditions of their families in rural Punjab. It is a special honor for the embassy to be part of this project.

The Mehar Baba Charitable Trust implemented the project with a great deal of expertise, commitment and dedication, as evidenced by the very positive interim reports on the progress of the training measures.

With the completion of the project, the participants have the opportunity to improve their lives with additional knowledge and skills. I wish all participants in the program continued success.

My thanks go to all employees of the Mehar Baba Charitable Trust involved in the project for the excellent implementation of the project and the very strict adherence to the conditions of the funding contract.

Axel S. Renk
Second Secretary
Embassy of the Federal Republic of Germany
New Delhi

PROJECT IMPACT

SUPPORTED BY German Embassy

LIVES OF 869 WOMEN IN 31 VILLAGES IMPACTED

Enhancing the livelihoods of **Rural Women** through development of **Phulkari Craft, Communication** & **Social Media Skills**

869	81	31
WOMEN/GIRLS	CLUSTERS	VILLAGES

A total of 869 women/ girls forming 81 clusters from 31 villages have been outreached, mobilized and trained in the Phulkari Craft training through 6 days training workshops in each of the 31 villages covering the following day-wise schedule since May 2024.

Day 1:

Distribution of Training Module Booklet and Training Kit Material, Brief about stakeholders, Introduction to Phulkari, Social Media and Communication Skills, Importance of Phulkari as a source of income for women, Marketing and Branding

Day 2:

Soft Skills & Communication Skills, Method of doing Running Stitch

Day 3:

Method of doing Stem Stitch, Sample Making of Running & Stem Stitch

Day 4:

Method of doing Herringbone Stitch, Sample Making of Herringbone Stitch

Day 5:

Method of doing Traditional Phulkari, Sample Making of Traditional Phulkari, Brief on Social Media & Communication Skills

Day 6:

Certificate presentation and Experience Sharing

Advanced Phulkari Training workshop at MBCT Vocational Training Centre.

SKILLING YOUTH

Unique Learning Model for Entrepreneurship & Employment

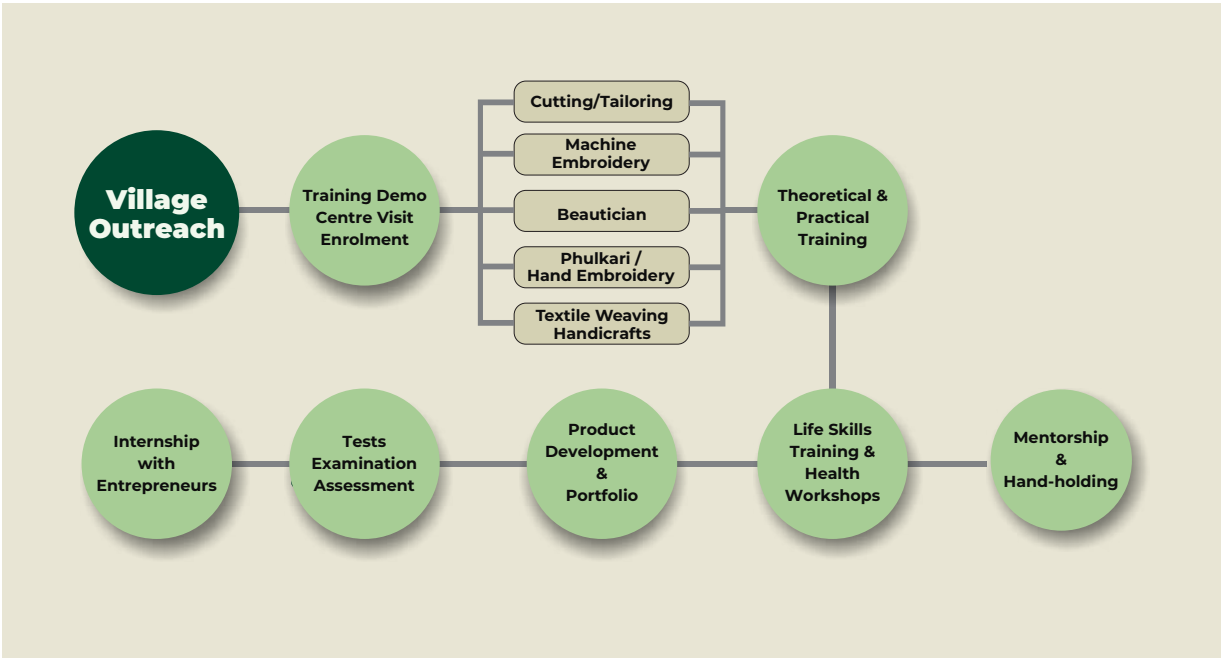
A model for socio-economic upliftment of villages in Punjab

Soft Skills workshop at MBCT English Language Lab.

Mobilization Village- Mandofal District Fatehgarh Sahib, Punjab

The MBCT Learning Model has been structured to complete the cycle of social-economic development through capacity building, starting from identifying the geographical area of a village, MBCT initiates outreach programs for mobilization and awareness by engaging with village leaders and other influencers.

Various Skill building programs are undertaken to train the youth and women to make them capable of either getting employment or starting their own entrepreneurial journey. MBCT has a strong network of organizations that mentor and offer employment opportunities and internship as well as helps them in setting up their own enterprises.



ROTARY BOSCH SKILL CENTRE

Skilling rural youth for employment

Rtn. K.P. Nagesh, Rotary International Director (Elect), inaugurated the Rotary BOSCH Skill Centre at Mehar Baba Charitable Trust, Bassi Pathana.

Many senior Rotarians including District Governor Elect Rtn. Ravi Prakash, Past District Governors Rtn. Madhukar Malhotra and Rtn. Praveen Chander Goyal were part of the entourage.

The project was a joint initiative of MBCT with Rotary Club of Chandigarh.

Transforming Lives.

***Shilpa Rani** from Bassi Pathana regained confidence after a career break through the MBCT ROTARY BOSCH skill course. Soon after, she was placed as a Teacher at Garden Valley International School, earning Rs 11,000/month.*

***Rajni Walia** from Badali Ala Singh joined the Bosch Bridge course, improved her skills, and is now working as a Calling Executive in Mohali, earning Rs 15,000/ month while preparing to go abroad.*

MAKING YOUTH EMPLOYABLE

THE RIGHT SKILLS OPENING DOORS OF OPPORTUNITIES

With the aim of making the youth employable, MBCT skilled 95 youth in Advanced Diploma in Computer Application & Soft Skills during 2024-25, Till date 10,553 students have been trained in various skills programmes.

MBCT's women empowerment programme enables free skills training including product material; the learners graduate with a portfolio of their work.

Soft skills training including personality development, interpersonal communication, business & marketing as well as customer service enable youth to explore a range of employment opportunities.

Health literacy helps youth emerge more confident and capable of starting own ventures. Qualitative support is provided through linkages with industry, alumni meets, private enterprise exposure & hand holding for own businesses. MBCT has helped more than 75% youth to become self-reliant.

Name : Sandeep Kaur from Bassi Pathana.
Course :Advanced Diploma in Computer Application.
Placement : Police Station as a Data entry operator, at Fatehgarh Sahib.
Earning : 12000/- per month

Name : Sukhchain Singh from village Bhaganpur.
Course : Advanced Diploma in Computer Application.
Placement : Hamlet city, Sector 98, Mohali, as a CCTV Operator Job.
Earning : 16,500/- per month

Marketing Skills Development with Fraser Valley

Priyanshu and Mehr from the FVI Team facilitated an engaging session on effective strategies for marketing products, emphasizing the role of advertising and the growing impact of social media platforms.

As part of the activity, mixed teams of students participated in a poster-making competition and delivered sales pitches for products of their choice. The members Parveen, Jaspreet, and Ankita emerged as the winners, impressing the judges with their creativity, compelling poster design, and well-structured sales pitch that thoughtfully incorporated customer-satisfaction feedback. Their performance showcased strong communication, innovation, and marketing insight.

Students of Fraser Valley Chandigarh FVI had there classroom interaction with students of Computer Learning centre helping them to enhance their speaking skills.

MEGA EYE CHECKUP CAMP

Lighting up Lives of the Sightless

IN ASSOCIATION WITH

bebo technologies
be extension be offshore

Mission is to make The District of Fatehgarh Sahib Cataract Free

MBCT had taken upon itself to eradicate blindness from the District Fatehgarh Saheb, and work towards its prevention. Its endeavours continue to that end.

Free Eye camps are held twice a year. The eye surgeries were successfully conducted by expert doctors from the famous Dr. G S Randhawa Star Medicity Super Speciality Hospital & Trauma Centre, Patiala. All the patients went through eye examination and vision testing. The villagers identified for Surgeries underwent blood tests for Sugar, HCV and HIV.

This year at the OPD, a total of 1,289 villagers went through Eye Examination & Vision Testing, out of which 835 were provided free medicines for general eye problems and 445 patients were benefited by IOL Cataract Surgeries.

Village Health Management Program	Year	Camps	Beneficiaries
Health Awareness Road Show	2007	295	24,242
Special Health Clinic	2008	382	582
Eye Camps (OPD's)	2005	39	18,132
Cataract Eye Surgeries	2005	39	4,122
Breast & Cervix Cancer screening Camp	2009	4	862
Multi-Speciality Camp	2006	12	3,924
Special Medical Case	2007		23
Pulse Polio Camp	2008	11	1018

** Statistical data as of 31 March 2025*

38th Eye Cataract Removal & IOL replacement camp supported by bebo technologies under the aegis of bebo Foundation, USA.

Patients were successfully operated for cataract removal & inter ocular lens replacement by PHACO cops laser technology at Dr. G S Randhawa's Eye Hospital, Patiala..

CANADA FUND FOR LOCAL INITIATIVE

4099 impacted in Menstrual Hygiene, Nutrition, and Mental Well-Being programs

Project Supported by :
CFLI/FCIL
Canada Fund for Local Initiatives
Fonds canadien d'initiatives locales

68,000	4,099	62	16	12
AUDIENCE REACH	PARTICIPANTS TRAINED	VILLAGES	VILLAGE SCHOOLS	SAKHI/SAHELI'S TRAINED

Jennifer Daubeny
Acting High Commissioner
Canada in India, New Delhi

I am deeply honoured to have been invited to visit the Mehar Baba Charitable Trust (MBCT) project in Fatehgarh Sahib, Punjab. I was able to witness firsthand the incredible impact of MBCT's work, supported by the Canada Fund for Local Initiatives (CFLI), in empowering adolescent girls and women by improving menstrual hygiene, nutrition, and mental well-being the critical areas that enhance dignity and quality of life. Canada is proud to support initiatives that foster empowerment, health, and dignity.

During my visit, I had the privilege of meeting the inspiring beneficiaries of this initiative the young girls, women, and community members who are driving a meaningful change. I also attended a workshop on menstrual health, where I saw the transformative power of education and an open dialogue in breaking taboos and fostering awareness. Participating in a yoga session with the Sakhi Saheli team was a truly moving experience, highlighting the initiative's holistic approach to self-care, mindfulness, and resilience.

The remarkable reach of this project benefiting over 3,500 individuals across more than 50 villages is commendable. The training of the Sakhi Saheli team, interactive workshops, and the Empowered program have equipped communities with the tools to sustain these efforts for years to come. The development of a customized curriculum in the local language further demonstrates the project's commitment to creating lasting impact.

I commend the Mehar Baba Charitable Trust and all participants for their dedication to this important cause, and I wish them continued success in their future endeavors.

Menstrual Hygiene Nutrition and Mental Well Being Workshops in 62 villages and 16 Schools of District Fatehgarh Sahib.

MENSTRUAL HYGIENE MANAGEMENT (MHM)

TOGETHER FOR A PERIOD-FRIENDLY WORLD

University of Utah & MBCT Charity raise fund to educate the village women and girls and provide supplies for managing their MHM needs.

TOGETHER FOR A "PERIOD FRIENDLY WORLD" was the theme of the year for advocacy on Menstrual Hygiene Management.

The 22nd workshop was held by Doctors from SPH-PGIMER Chandigarh at MBCT Community Centre Bassi Pathana.

A session on Diet during menstrual periods was taken by Dr. Rachana Srivastava, SPH, PGIMER and a Video presentation on Menstrual Hygiene was shown by Dr Ayushi, SPH- PGIMER to 137 rural women of which many were adolescent girls.

The participants were made aware of the simple rule of changing sanitary pad every 4 to 5

hours and were explained the fundamental role good menstrual hygiene plays in remaining healthy and enabling women in achieving their full potential. This may be by preventing period problems, improving current treatments or developing better treatments.

FREE CANCER DETECTION CAMP

FIFTY-FOUR WOMEN AND ADOLESCENT GIRLS SCREENED IN COLLABORATION WITH HOMI BHABHA CANCER HOSPITAL

A 15 member Medical Team of Homi Bhabha Cancer Hospital and Research Centre TMC carried out Breast, Cervix & Oral Cancer awareness lecture attended by 120 people from Bassi Pathana and surrounding villages.

Dr. Shikha Jain and Dr. Poonam gave a talk and demonstrated simple self examination methods for detecting any lumps in the body and explained steps to be taken in the eventuality of discovering any such abnormalities. They also advised and suggested preventive measures.

Fifty-four women were screened for Breast, Cervix and Oral Cancer, out of which 3 women were detected positive for Breast Cancer. They were advised to visit HOMI BHABHA CANCER HOSPITAL for further investigation.

MBCT HOCKEY NURSERY

FROM NURSERY TO NATIONAL PROBABLES

117 young hockey players from MBCT Hockey Nursery, groomed with special skills, expertise and sportsmanship spirit, have been selected as National Probables by the Sports Authority of India.

The MBCT Hockey Nursery is a unique initiative for Rural Children providing expert hockey coaching to 100 players in the age group of 4 to 14 years. The regular practice along with the experience of participating in various tournaments help children to become competent players and get selected by eminent academies for continuing their training.

At PARIS OLYMPICS 2024, India v/s Australia Men's Hockey, Justice Shabihul Hasnain Allahabad High Court and Chairman PITNDSPA Board, Punjab, was the Chief Guest & the Guests of Honour were Gen. H J Singh, PP Rtn. ManMohan Singh for the Live Screening of Hockey Men's Match at MBCT Community Development Centre, Bassi Pathana from 4:30pm till 6:30pm.

MBCT Summer Hockey Camp 2024: Ritu Rani, former Captain of Indian Women Hockey Team and Poonam Bala, Chief Coach (Retd.) SAI NS NIS Patiala, did the honour of the ceremonial introductory meet & Handshake with the Line up of the players.

MBCT Hockey Nursery Senior Coach Wazir Chand taking yoga session for MBCT Hockey Nursery trainees.

MBCT HOCKEY NURSERY

SUMMER HOCKEY CAMP

MBCT SUMMER HOCKEY CAMP 2024 *The Camp was inaugurated by the Deputy Commissioner Fatehgarh Sahib, Ms. Parneet Kaur Shergill, IAS, MBCT Trustee & President Hockey Fatehgarh Sahib. Thakur Singh Mejie & MBCT Advisor Harkiran Mejie welcomed the Chief Guest of the Camp on Day 1.*

OUR SHINING STAR: VARJINDER KAUR

It's a proud moment for Mehar Baba Charitable Trust that **Varjinder Kaur** has been selected for a one year Diploma course in Sports Coaching Batch 2024-25 under Hockey Discipline at SAI Netaji Subhash Southern Centre, Bangalore.

She has since joined the classes in Bangalore

Varjinder Kaur joined the MBCT hockey nursery in 2010 at the age of 10 and was trained for 3 years by MBCT Hockey coaches at ITI Grounds Bassi Pathana.

In 2013, she was selected by SAI for graduation course in B.Ped at SAI Patiala.

In 2020, she played in the All India Inter University Hockey Tournament held at Chennai and won a Silver Medal.

Varjinder's father Late S. Jaswant Singh worked as a labourer, her mother Kuldeep Kaur is a home maker and her brother works as a salesperson in a local departmental store.

MBCT is proud to sponsor all her expenses for the Professional Coach Training Course in Bangalore, reaffirming its commitment to nurturing talented athletes and supporting their professional growth.

MBCT Hockey Nursery Players & Coaches watch Live screening of the Opening Ceremony of The PARIS OLYMPICS at MBCT Community Centre. Some of them are seen posing at the Paris Olympics SELFIE POINT. This screening of Olympics events especially than of Hockey will be a regular feature at MBCT Community Centre Bassi Pathana for the entire duration of the Olympics.

2024-25

The Year in Action

Menstrual Hygiene and Anemia workshop conducted by Dr. Rachana Srivastava from PGIMER

Mr. Stewart Wheeler, *Deputy High Commissioner of Canada in New Delhi along with* ***Mr. Brian Amrstrong*** *visited MBCT Centre, Bassi Pathana.*

The 'Teej' Festival was Celebrated at MBCT Centre by Students of Vocational Training Centre, Computer Learning Centre and Artisans of Self Help Group Phulkari Makers Bassi Pathana.

Dr. Kavita Marriya, Trustee MBCT, and former Principal of Govt. Home Science College, Chandigarh conducting exams of Vocational Training Centre

Post operative check-up for patients during the 38th Eye Camp 2024.

2024-25

The Year in Action

The 6th session of the CFLI menstrual hygiene management TOT Training workshop of Sakhi Saheli team at Mehar Baba Charitable Trust was conducted by Dr.Rachana from School of Public Health-PGIMER, focused on nutrition. She recommended that as an alternative to a plate full of nutritional food, Besan chilla or Oats Chilla or even Sooji Chilla stuffed with sautéed vegetables & paneer provides sufficient nutrition.

MBCT Well-wisher Nakesh Jindal, Patron, Red Cross Society Fatehgarh Sahib accompanied by PDG Rtn. Dinesh Gupta, from RC of Sirhind & President Rtn. Sunita Puri, from Rotary Club Gobindgarh Gold visited MBCT. PDG Rtn. Dinesh Gupta donated 18kgs of wool to Kulbir Kaur MBCT Rugs Making Trainer.

The MBCT Hockey Nursery's Hockey Grounds at ITI Bassi Pathana are being meticulously maintained to ensure optimal conditions for training. Mr. Amareshwar Singh Goraya, Adviser MBCT along with Coaches Mr. Jasbir Bajwa & Mr. Hansraj Chhabra and the Groundsman Mr. Gurdeep Singh have been busy for seven days to replace the worn out grassy patches in the Dee area. Over 56 cubic metres of washed river sand was procured and spread evenly over the grounds.

MBCT Founder Day observance of Prof. Hardarshan Singh Mejie at the MBCT Community Development Centre.

2024-25

The Year in Action

MBCT Summer Hockey Camp 2024.

MBCT Trustee Thakur Singh Mejie handed over "Punjab Map" highlighting district Fatehgarh Sahib made by the rural women of the village to the panchyat of 100 village clusters.

A 10-day MBCT's Summer Fun Art & Craft Camp was held from 4-14 June 2024 in the MBCT Community Centre. 27 children aged 7-15 attended.

Shuchi Sharma along with Samriti & Rajat from bebo Technologies, USA graced the MBCT 38th Free Eye OPD Camp.

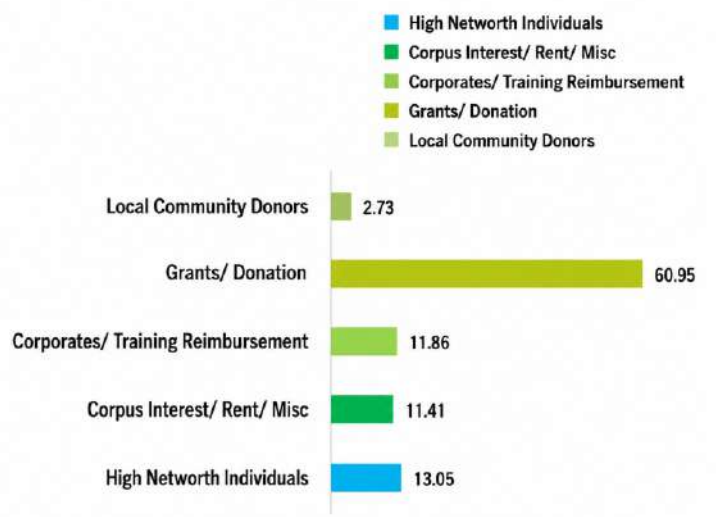
34 women were awarded participation certificates on completing the 6-day Training workshop in Phullkari Craft. Hassan Singh Mejie Managing Trustee and Jarnail Singh, the Lambardar awarded the certificates and congratulated the 34 participants who received training in Traditional Pulkari Craft, Communication and Social Media skills during the 6 days of training sessions conducted by MBCT trainers.

2024-25

Financial Highlights

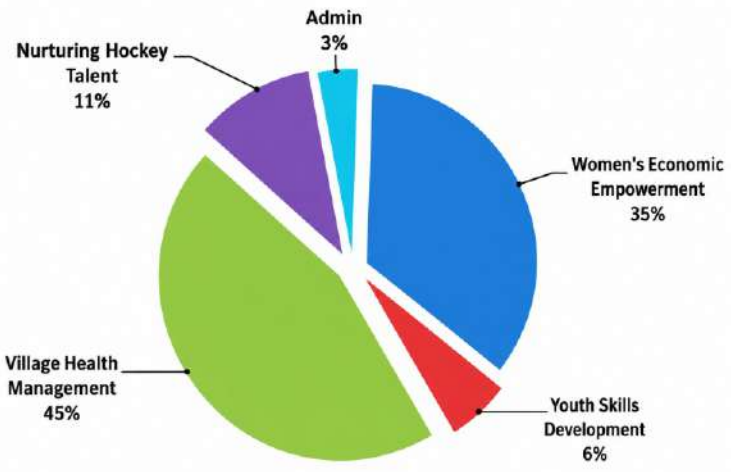
INFLOW:

Details of Funds Received during 2024-25.



OUTFLOW:

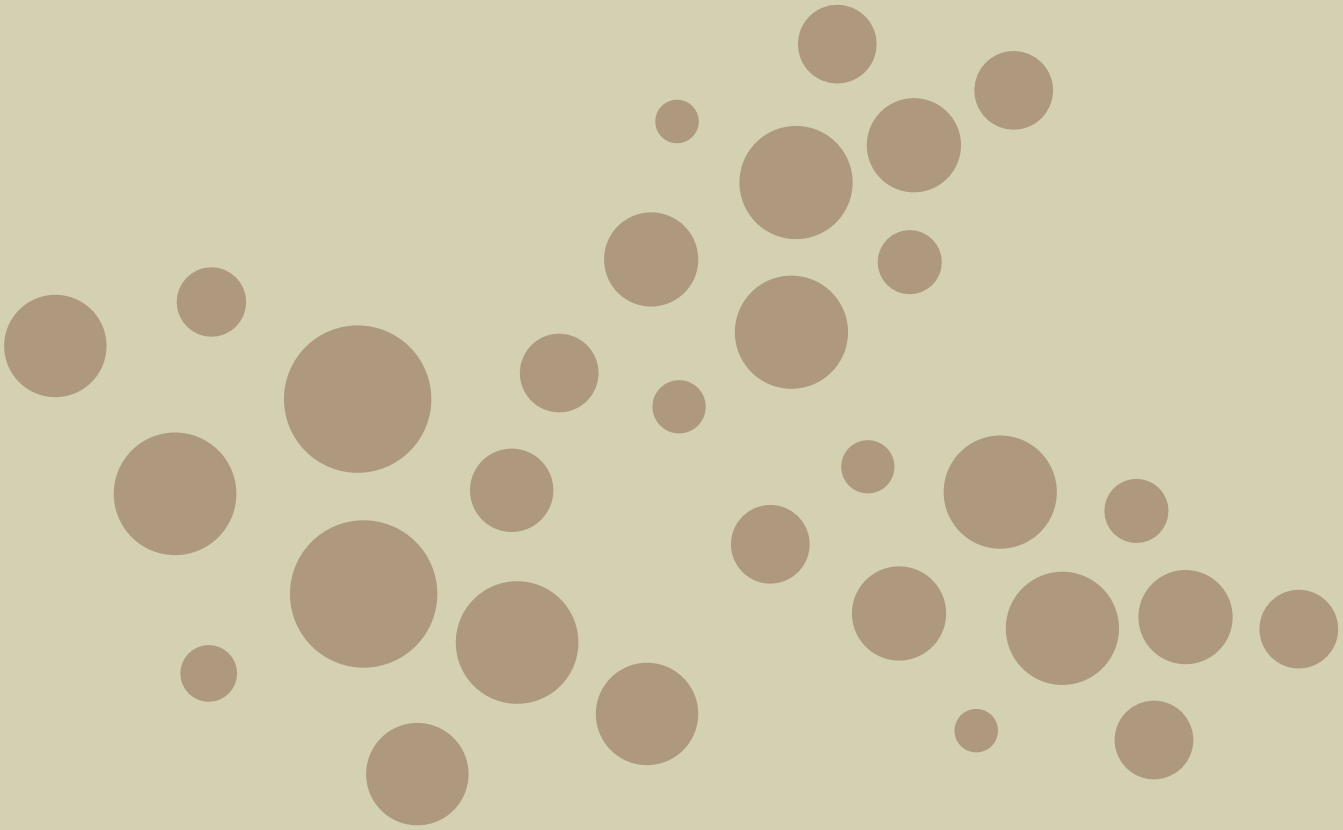
Utilisation of Funds during 2024-25



Abbreviation:

CFLI: Canada Fund for Local Initiative
VTC: Vocational Training Centre
SCSS-LC: Sardar Gopal Singh Shergill - Learning Center
BPCCDP: Bassi Pathana Community Collaborative Development Project

Supporters & Sponsors



MEHAR BABA CHARITABLE TRUST

mbct

TRANSFORMING LIVES

Mehar Baba Charitable Trust

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