Mehar Baba Charitable Trust

Outline

- MBCT's Values & Vision
- Programmes & Delivery
- MBCT Growth Story

MBCT for Rural Upliftment

Values

- Passion for ‘Sewa’
- Ethical, Transparent & Accountable Functioning

Vision

- Empowered and self sustaining Rural Community

Programmes designed by Experts to uplift Entire Rural Community

Women

Youth

Children

Health

Community

Skills Building & Expansion of Choices,

Health & Nutrition

Community development

Self Reliance & Confidence: Informed Decision Making & Empowerment

Social Transformation & Re-engineering

Bridging the rural-urban gap

Programmes Delivered at Trust's HQ & Field Work in 187 Villages

Landmark modern three storied building – 20,000 sqft Mata Harnam Kaur Community Development Centre (MHKCDC)

(constructed in flat 5 months)

Women Empowerment: *Skills development & Mentoring*

making WOMEN employable and self-reliant for starting own micro & small enterprises

Courses in design, tailoring , embroidery: hand & machine; rug making, soft toys, painting & pottery, beauty & grooming

Linkages with industry, alumni meets, private enterprise exposure.& hand holding for own businesses

Machine Embroidery

Hand Embroidery (Aari & Zardosi)

Rug Making

Hand Embroidery (Phulkari)

Tailoring: Learning on Juki Machines

Trainees preparing their Files & Portfolios of their work

Women Skills Development Courses		Training Capacity (no. of students)
1	Phulkari Embroidery	**80**
2	Aari & Zardozi Embroidery	**80**
3	Machine Embroidery	**80**
4	Rug Making	**40**
5	Soft Toys	**40**
6	Hand Knitting & Crochet	**40**
7	Free Hand Sketching & Fabric Painting	**80**
8	Tailoring including designing, drafting, cutting & stitching	**120**
9	Sales and showroom management	**40**
10	Beauty Therapy & Hair Styling	**120**

MBCT Impact on Women

1. **MBCT has helped around 1400 women become self-reliant.**
2. **Monthly income ranging from Rs 8,000 to Rs 50,000.**

MBCT Skilled Women running own Boutiques & Micro Enterprises, supplying to stores in Chandigarh, & Patiala

Youth Skills Development for Better Employability

Skill the rural youth on par with the urban counterparts

Training by Professionals
Well equipped Centre: Computers, Software, Networking & Internet Facilities, Power Backup,

Course		Training Capacity (no. of students)
1	Computer Basic	240
2	Hardware & Networking	120
3	Manual & Computerized Accounting	80

**** English speaking, soft skills & personality development classes are mandatory for all***

MBCT Impact on Youth: Total trained 1500

"The computer course at MBCT helped me in getting a job as a computer operator with Punjab Police. I earn INR 26000/month. A plumber's daughter, I feel happy and satisfied to stand on my own feet, and be of help to my family."

Ratinder Kaur

"After completing +2, I got opportunity for learning computer course at MBCT which helped me in getting a job as a data entry operator at Shri Guru Granth Sahib World University, Fatehgarh Sahib. I earn INR 12000/month. A village shopkeeper's son, it is great to do something different and be looked uto as a role model by the younger children in the family."

Vikram

S no.	Placement of Trained Youth	No. of Students
1	Schools ,Colleges & Universities	336
2	ITES	170
3	Hospitals & Clinics	128
4	Government Jobs	22
5	MBCT	8
6	IT sector	5
7	Others	47

Village Health Management: *Helping the underprivileged live in dignity*

Weekly Diabetes Clinics

Weekly Disease Prevention & Screening at Villages

Free Eye Camps & Cataract Surgeries

Specialised Clinics: Breast & Cervix Cancer etc.

In Collaboration with:

1. **School of Public Health, PGIMER**
2. **Rotary International & Chandigarh Clubs**
3. **Randhawa Eye Hospital, Patiala**
4. **Satya Sai (Rajpura Chapter)**
5. **Roko Cancer, England**

MBCT Impact on Village Health

Village Health Management Program	No of Camps	No of Beneficiaries
Health Awareness Road Shows	233	17951
Diabetes Clinics	151	582
Eye Camps	25	10652
Cataract Eye Surgeries	25	2081
Breast & Cervix Cancer screening Camp	3	742
Multi Speciality Camp	12	3924
Special Medical Case		23
Pulse Polio Camp	11	1018
Total Beneficiaries till March 2015		**36973**

Bassi Pathana Community Collaborative Development Project (BPCCDP): Creating Model Villages

Since 2010

- **Community participatory appraisal of 'NEEDS'**
- **Full Demographic and health census of 9 Villages**
- **Village mapping of water & drainage systems through; Testing for nitrates & bacterial contamination**
- **Social Assessment**

Partners

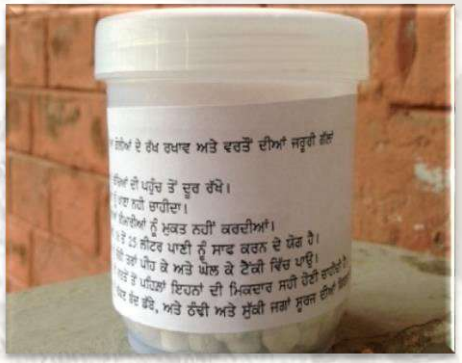
- **University of Utah (U of U), Salt Lake City, U.S.A**
- **PGIMER's School of Public Health, Chandigarh**
- **Mehar Baba Charitable Trust, Bassi Pathana**
- **Community of 9 villages : Balara, Damheri, Jallowal, Salar Majra, Lohar Majra Kalan, Majri, Bagh Sikander, Ferozepur, Fategarh-Niuwan**

BPCCDP: *Water Sanitation & Hygiene (WaSH)*

Training and deployment of WaSH Coordinatosr for door-door weekly checkup of water, storage, monitor water quality & physical condition of distribution pipes

Supporting Underprivileged Families by providing Water Container & Connection for Piped Water

UofU and PGIMER provide help in research & deployment of best practices through IEC and Training Inputs.



Repackaged Chlorine Tablets for Villagers

50 L Containers with spigots

BPCCDP: *Working at Anganwadi Centers for Early Childhood Nutrition & Learning*

Assessed AWCs functioning & needs to provide early childhood development & supplemental nutrition for pregnant women and children 0-6 yrs

Provided training to all AWWs ; Equipped all AWCs with pre-school educational material, furniture & hand-washing stations

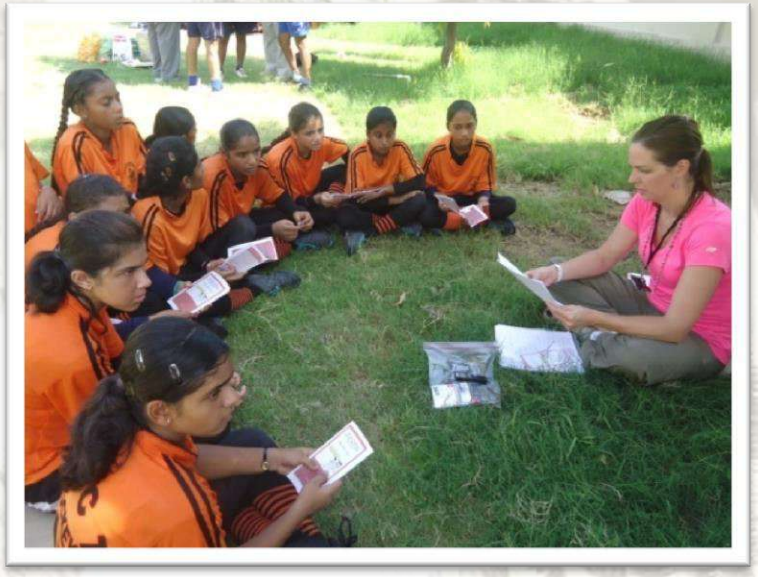
Training workshop for AWWs
Mrs Joyce Gaufin, President American Public Health Association with Mrs Anita Preet Kaur, District Project Officer & Team of CDPOs

Creative Learning Session at AWC:
Mrs Kathy Wilson , famous artist, from USA, demonstrating use of art as a teaching method.

***BPCCDP**: Community level Advocacy & Interventions for fostering Gender Equality*

Last 3 years: Health & Safety Survey showed that gender disadvantages had resulted in poor mental and emotional health of rural women

Project of *INR 60 Lakhs* sanctioned by ICMR to SPH-PGIMER for a larger study to identify issues and generate solutions



Focus Group Discussion on Gender Issues

MBCT Community Impact

Regular cleaning of overhead tanks, chlorination of water at source & repair of distribution pipes.

Households below poverty line provided with a Container with a lid and spigot so that water remains contamination free.

Gender sensitization programmes (including boys) run in Secondary Schools, Villages.

Preschool Education / Curriculum Training for AWW

High Nitrates in village hand pump, painted red to dissuade use.

Early Childhood Learning at Anganwadi Centre

***MBCT Hockey Nursery**: to prepare players from age of 4Yrs to be in class with Best of world.*

Holistic development of 100 players (50 girls)

professional coaching

summer & winter kits

Nutrition

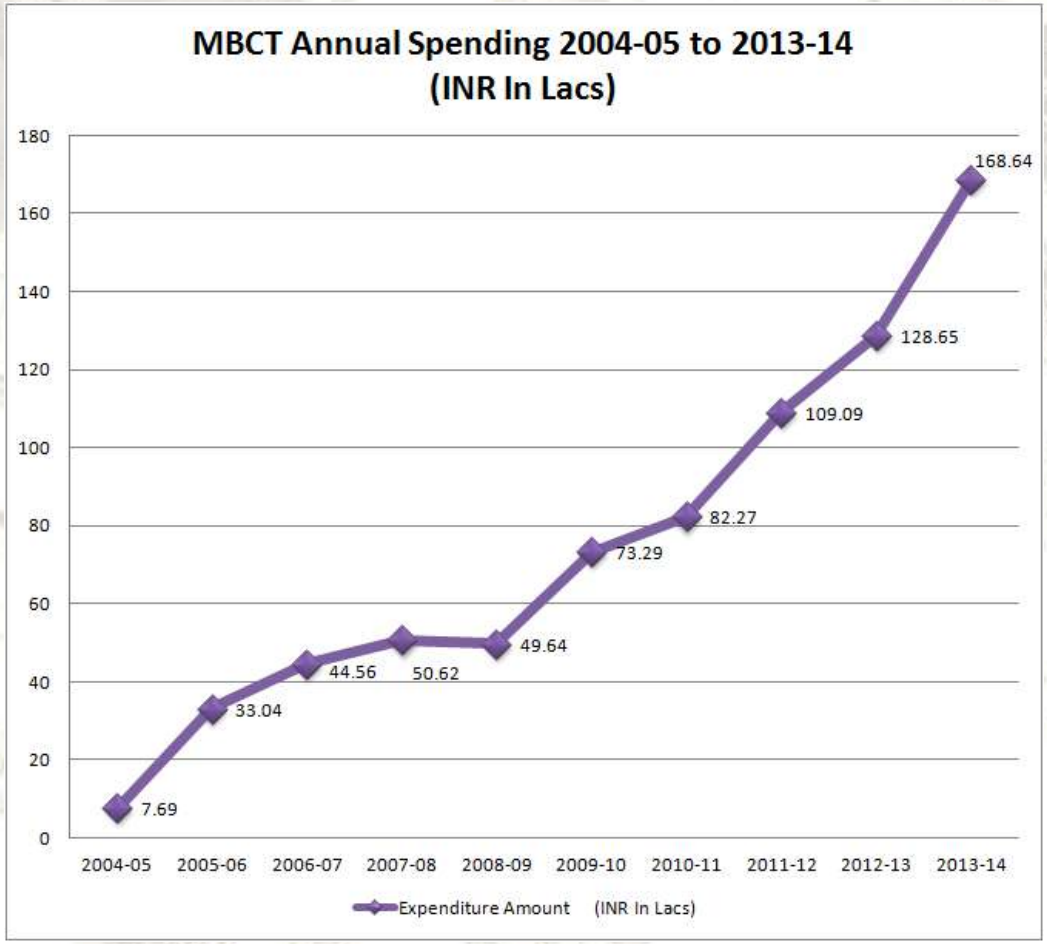
medicare &

participation in tournaments

Achievements

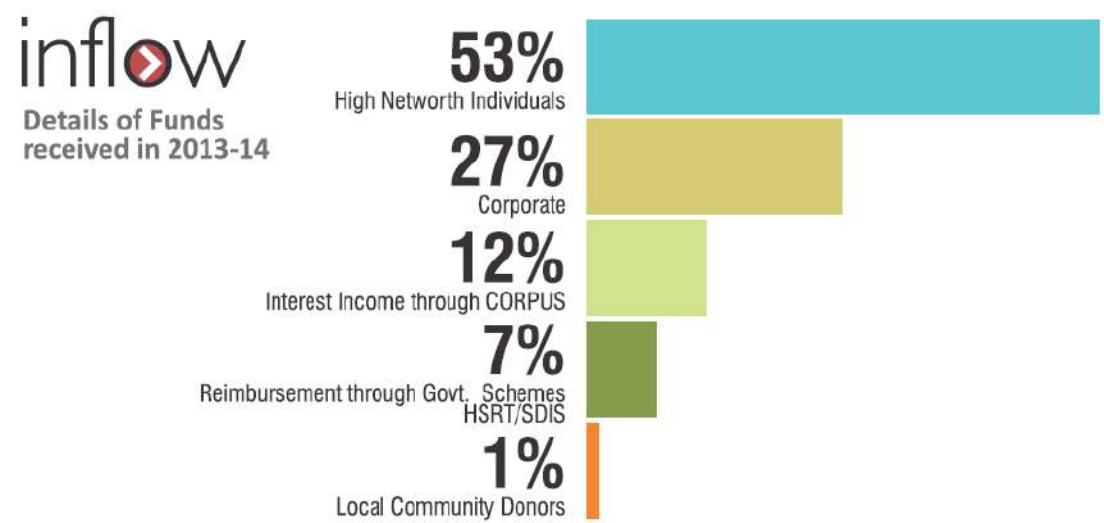
- Selection of 27 Players as National Probables by Hockey Academies
- Two Sub-Junior Girls National Hockey Championships
- Village Hockey Nurseries (2), an extraordinary partnership of MBCT with Village Panchayats
- Improved academic performances of players

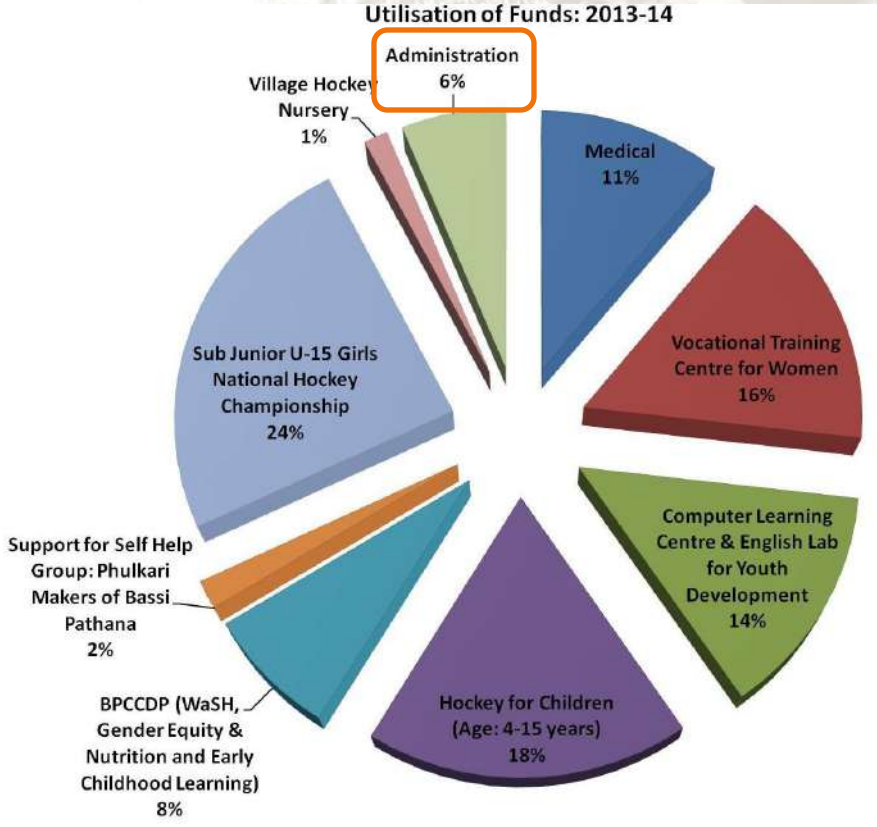
MBCT's Growth



- ***MBCT accounts are audited annually***
- ***All donations are exempt under Section 80G of the Income Tax Act***

MBCT's Financials





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Ripple Effect: Socio-economic impact on Bassi Pathana

Before *(2004)*

- Population flight
- Buildings dilapidated
- Vehicles..handful!
- *'Kucha'* streets & open drainage
- Ignorant regarding health & personal hygiene
- Low morale

Now

- Growth in population
- Renovated & new houses
- Traffic jams!
- *'Pucca'* streets, better managed sewerage system
- Increased awareness on personal hygiene & lifestyle health issues.
- Better quality of life & higher confidence

You can make a difference! Come be a part of the change initiated by MBCT

Your Support either in-kind or financial can *help transform Rural Lives*

Thankyou!